

Nature VS Nurture

E-Portfolio: Nature VS Nurture

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**Respond to the question: If you woke up tomorrow and were a different gender, how would your life be different?**

I'll outline my usual routine and add sub-bullets for things that would be executed differently. This routine will be from a day where I have to go out and about to run errands with minimal contact with other humans.

- Wake up, make coffee, dread leaving the room
- Pick out an outfit for the day after looking at the weather
- Shower, shave my face, style my hair
  - Delete: shave my face
  - Add: extra time to de-tangle and brush/straighten hair (assuming I'd have longer hair)
  - Add: apply makeup, a very time-consuming process
- Make breakfast
- Eat breakfast and put away the dishes
- Drive to the store to run errands
  - Add: avoid creepy men trying to hit on me
  - Add: sigh in the disgust at men staring at me as I walk past (I'm hoping I'd be pretty)!
- Drive home
- Unload the car
- Work on school assignments

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- Work on the project car(s)
  - Add: pull up [long] hair so that it doesn't get tangled or stuck in a moving part
  - Add: be aware of female body parts (breasts) potentially getting smashed into a car part
    - I add this bullet point because that was a frequent issue female auto technicians spoke about
- Close up shop in the garage
- Figure out dinner
- Play with my favorite little critters, Richard and Sven! (Our hamsters, two more to come soon)!
  - Add: actually give the critters time to wake up and use the hamster potty before man/woman-handling them
- Think about what needs to be done tomorrow and create a tentative plan for the day
- Wind down for bed
- Attempt to sleep

I definitely think that being a different gender would change the way I communicate and approach situations, especially situations involving men. I would expect to receive less than stellar service at the stores and shops I visit, unless they are ran by women or if I am working with a woman at said locations. I would expect that I would be expected to be less assertive than I usually am, and would get weird looks if I stood up for something in a troubling situation. I reviewed this assignment with my partner's grandmother, and she presented me with these differences:

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- Take more time before leaving the room after coffee
- Add: wash hair
- Drink more coffee before breakfast
- Add: read the newspaper over breakfast
- I wouldn't do errands first; I would take care of some tasks around the house first
- "I wouldn't be working on cars in the first place!"
- re=organize tools back into their designated homes
- Dinner would have been planned ahead of time, even if it's only the day before
- "I would never have hamsters. I would have a cat. And the cat would hide."
- Plan the next day's grocery runs especially if ingredients are required for dinner
- After planning for the next day, I would get ready for bed (teeth, makeup removal, etc.)
  - Then I'd have a wind-down period, probably reading, before going to bed
- Then I'd fall asleep but I'd probably wake up too fast afterwards

She also mentioned that if kids were a factor, this day would look entirely different. Much of the routines we become accustomed to without children are drastically altered once they enter the family. Especially when they are younger and aren't able to prepare meals for themselves or if they still require supervision to get ready in the mornings. She also mentioned how she's learned in one of her audiobooks (she always listens to them while she is getting ready in the bathroom) that men are much more 'mechanical' when it comes to their routines, with limited flexibility. Statistically speaking, women are more open to changes in their routine and it won't throw off the remaining sequence of events.